**CHRONOGRAM OF THE INTERNATIONAL WORKSHOP IN TRADITIONAL CHINESE & THAI MEDICINE AND WESTERN MEDICINE FOR PAIN MANAGEMENT AND THERAPY**

Târgu Mureș 25-28 November 2019

**MORNING SESSIONS**

| **Hour** | **SUNDAY****24 november** | **MONDAY****25 november** | **TUESDAY****26 november** | **WEDNESDAY****27 november** | **THURSDAY****28 november** | **FRIDAY****29 november** |
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| 8-9 |  | 8,30 – 9,00 **Registration of participants**9,00-9,20   **Opening ceremony** |  |  |  |  |
| 9-10 |  | **Workshop****Moderators:** **Dr. Xiao and Dr. Chen** (China)9,20-10,00**Background introductions on TCM** | **Workshop****Moderators:** **Dr. Chen și Dr. Xiao** (China) 9,00 – 9,45 **Background information on other TCM techniques and their usefulness for overall health and for pain management**  9.45 – 10.00 Discussions | **Workshop****Moderators:** **Dr. Pannawat Chaiyawatthanananthn, Dr. Puritat Kanokkangsadal and Dr. Arunporn Itharat, Dr. Adrian Alecu: Dr. Xiao and Dr. Chen,** China9.00 – 9.45 **Background introduction on TTM,** their usefulness and limitations for overall health and for pain management9.45 – 10.00 Discussions | **Workshop****Moderators:** **Dr. Horațiu Popoviciu and Dr. Monica Copotoiu**; **Dr. Xiao and Dr. Chen,** China; **Dr. Adrian Alecu.** 9.00 – 9.30  **Information on European approach to health promotion and pain management**9.30 – 9.50  **- Information on combined application of TM and Western Medicine for health promotion and pain management -** part I **- Dr. Horațiu Popoviciu and Dr. Monica Copotoiu**  | **The depart of Thai delegation to Cluj-Napoca airport** |
| 10-13 |  | **Workshop**10,15-11,00**Application of several acupuncture procedures for improvement of overall health** | 10,30 – 12,00**Case report I,** Dr. Chen12.00 – 12.30 **Demonstration of non-acupuncture procedures on volunteers** | 10.00 – 11.00 **Case reports I**, **Dr. Pannawat Chaiyawatthanananthn, Dr. Puritat Kanokkangsadal and Dr. Arunporn Itharat**11.00 – 11.15 Discussions | **Workshop** 9.50 – 10.10 **Information on combined application of TCM and Western Medicine for health promotion and pain management -** part II -  **Dr. Adrian Alecu** 10.10–10.30 Discussions |  |
| **Workshop**11,30 –12,30 **Case reports on application of acupuncture procedures for health promotion and pain management, benefits and limitations:****Case report I** (Dr. Xiao)**Case report II** (Dr. Chen) | 12.30 – 13.00 Discussions | 11.30 – 12.30 **Hands-on practice of TTM on volunteers** | 11.00 – 13.00 **Discussion of combined applications and optional visit to clinic** |  |
| 13-14 |  | 13.00 – 14.30 Lunch | 13.00 – 14.30 Lunch | 13.00 – 14.30 Lunch | 13.00 – 14.30 Lunch |  |

**AFTERNOON SESSIONS**

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| **Hour** | **SUNDAY****24 november** | **MONDAY****25 november** | **TUESDAY****26 november** | **WEDNESDAY****27 november** | **THURSDAY****28 november** | **FRIDAY****29 november** |
| 14-17 |  | 14,30 – 15,30 **Demonstration of acupuncture procedures on volunteers** | 14.30 – 17.00 **Group discussion and further application of TCM protocols** | **Workshop**14.30 – 16.30 **Local and systemic applications of ozone-therapy techniques in pain management in combination with TM techniques and homeopathy (Dr. Alecu)**; Case report I: **Ozone-therapy****Group discussion and further application** and optional visit of university rahabilitation centre and othe scpecialized clinical spaces. | **Moderators:** **Professor William Au PhD****Professor Minodora Dobreanu PhD MD****Professor Nicolae Neagu PhD**14.30 – 15.30 **Discussion on specific cases and on specific requests** 15.30 – 16.30  **Discussion of further collaborations and for setting up collaborating clinics in the three countries.** |  |
| 15,45 – 17,00**Group discussion and discussion on further application of acupuncture protocols**  |  |  |  |  |
| 17-18 |  |  |  |  | 17.00 – 17.30**Discussion of further collaborations and for setting up collaborating clinics in the three countries.**Optional visit to City Centre (downtown) and the Cultural Palace |  |
| 18-20 | Evening reception for chinese and thai guests | 18,30 – Dinner with lecturers and visitors | 18,30 – Dinner with lecturers and visitors | 18.30 – **Farewell Dinner with lecturers and visitors –** traditional songs and dances from Thailand and Romania | 18,30 – Dinner with lecturers and visitors |  |